

Spooky2

Dear <<First Name>>,

Welcome to Issue #105 of our Spooky2 Weekly Digest.

Episode 29: Adrenal, Allergies & Autism

In this episode, you will learn how to treat the root cause of Adrenal, how to reverse allergies and asthma, and how to treat autism spectrum disorders.

Watch the video replay here: [Episode 29: Adrenal, Allergies & Autism](#)

Spooky2 Blog Articles

[\[UPDATED\] How to Change Settings When the Program is Running](#)

Discover 3 simple steps to change settings while the program is running.

[Health Benefits of Vitamin B2](#)

Learn about the health benefits of Vitamin B2.

[How to Apply Spooky2 Molecular Weight Frequencies](#)

Use your favorite or most effective shell preset to run them.

Spooky2 Q&A

[Any suggestions for running meridians?](#)

What is the protocol for running meridians?

[How long do you usually run frequencies of joy, connection, relationship and love?](#)

How often should I run and how long should I run each time?

[Tweaking Frequency Wobble.](#)

I will share my practice in tweaking frequency wobble.

[Any suggestions for mold, lyme, babesia, depression on a child?](#)

Any suggestions at all to help me develop a strategy for mold, lyme, babesia, depression on a child using rife, MMS, nutrition, detox, herbs?

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

[I deconstruct the energy of Reiki in terms of molecular resonant frequencies.](#)

Apparently it is Oxygen, Carbon, Calcium, and Iron, and positive ions of Sodium, Potassium, Magnesium and Zinc.

[How to kill a specific parasite when you only have a sample of it.](#)

What settings would I use when I have no clue what it is? Thanks in advance for your help!

[Muscle Testing with Calibrated Vials](#)

This is a method of testing with calibrated vials.

Spooky2 Forum

[My ear is swollen, pulsating and the pain is debilitating](#)

Any suggestions which frequencies I could try and grade?

[Iodine \(against Cancer and other illness\)](#)

For people who accept the new ideas about iodine, one of most important benefits is iodine's ability to detox heavy metals.

Best of health,
Echo

Spooky2 Team

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