

Spooky2

Dear <<First Name>>,

Welcome to Issue #109 of our Spooky2 Weekly Digest.

[SAMA] Episode 32: 5 Flavours of Health

In this episode, you will learn about health, balancing your diet, well-being, changing your daily habit and the effect of the food that it has on your body.

Watch the video replay here: [\[SAMA\] Episode 32: 5 Flavours of Health](#)

Spooky2 Blog Articles

[Health Benefits of Vitamin B7](#)

Learn about the health benefits of Vitamin B7.

[Presets for Simian Virus 40](#)

Find the presets for a deadly creature, the Simian Virus 40.

[How to Optimize the Settings for Entrainment Healing](#)

Generally, all we can do is try a setup, and tweak one variable at a time, when looking for a personal optimized setup.

Spooky2 Q&A

[Does anyone have any experience with the healing of the Pleural Cavity/Lining that surrounds the lungs?](#)

What I'm looking for is anyone who understands frequencies that soften or reduce the thickening and scarring of the Pleural Cavity.

[Has anyone found Spooky helps clear up their brain fog?](#)

Look up mind, clarity and mental in the database.

[The skin on my arms and hands are very easy to bruise. Can anyone point me to some information or advise on any programs I could use?](#)

Cyruta Plus (Standard Process) works wonders for my wife. She loves it.

[Anyone had success treating Gout with RIFE frequencies?](#)

I have a buddy with gout, he gets gout relief from running magnesium, boron,

also the gout and arthritis sets.

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

[Treating dog for congestive heart failure.](#)

Our dog sleeping beside her spooky plasma tube. We are treating her for congestive heart failure.

[Whether the Spooky2 works?](#)

My husband needs reviews this is worth us buying.

Spooky2 Forum

[Deadly squalene in vaccines - what can we do?](#)

I'd like to ask for your ideas, what could be done with it.

[Achieving faster outcomes with Morgellons and Lyme](#)

I decided to share my 20+ years of research on Morgellons and Lyme in a short, easy to digest form.

Best of health,
Echo

Spooky2 Team

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