

# Spooky2

Dear <<First Name>>,

Welcome to Issue #113 of our Spooky2 Weekly Digest.

## **[SAMA] Episode 35: Having a Positive Outlook for 2018, Leaving Fears and Troubles Behind Us and Getting Ready for a Shift**

In this episode, you will learn how to work on fear, and helplessness, feeling alone, hopelessness, overwhelm with technology, fear of diagnosis, and shift negativity to a positive outcome and hopeful outlook.

Watch the video replay here: [Episode 35: Having a Positive Outlook for 2018, Leaving Fears and Troubles Behind Us and Getting Ready for a Shift](#)

## **Spooky2 Blog Articles**

### [How to Merge 2 Custom Databases Together](#)

This instruction will show you how to merge 2 custom databases together in Spooky2 software.

### [Health Benefits of Vitamin C](#)

Learn about the health benefits of Vitamin C.

## **Spooky2 Q&A**

### [Urinary Tract Infection \(UTI\)](#)

Advice and suggestions on Urinary Tract Infection.

### [Having your body grounded. will it affect the effectiveness of rifting?](#)

Will the grounded body discharge the emf that it receives from the Rife Machine?

### [Does the scan-result hit list only show frequencies in the scan-range from 76000-152000hz?](#)

Any hits that are from targets that respond better to a frequency outside the scan range, are hit by octal harmonics.

### [Does move or even swallow affect the accuracy of scan results?](#)

Personally I have not been able to get a movement based hit in my testing, but at the same time I didn't stand up and start to do jumping jacks.

## **Spooky2 Discussions**

Spooky2 Rife for Life Facebook Group

### [An important note of recovery observations](#)

There is an important note of recovery observations.

### [What is a PEMF coil used to treat and how to treat with it?](#)

The PEMF coil is what produces this electro-magnetic field, which is pulsed at the rate of the frequency used.

Spooky2 Forum

### [Editing program times/GUIDE](#)

I was wondering if there was a guide dedicated to editing the programs?

### [Research on Schumann Resonator](#)

Could anyone point me in the direction of this research?

### [Using Spooky2 to treat horrid flu in UK successfully.](#)

Anyone in the UK suffering this horrid flu? I've a success story!

Best of health,  
Echo

Spooky2 Team

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