

# Spooky2

Dear <<First Name>>,

Welcome to Issue #170 of our Spooky2 Weekly Digest.

## Spooky2 Blog Articles

### [Preset for Daily Wellness - Feeling Better Day and Night](#)

"I don't have problems anymore, so my Spooky2 is no use now." If you feel like that, you're not taking full advantage of Spooky2! Here are still many valuable presets and programs hidden in our software!

### [18 Ways of Protecting Lives](#)

Being kind to life means being kind to ourselves. Here are some things that we can and cannot do for protecting lives.

## Spooky2 Q&A

### [Why doing a baseline before general scan my results are much lower than before just doing the BFB alone?](#)

This indicates that Baseline is working well for you.

### [Are there any suggestions for sciatic back pain?](#)

Here are some suggestions for sciatic back pain with good experiences.

### [Can Spooky2 kill demodex mites?](#)

Yes. There are programs targeting demodex mites in Spooky2 software.

### [Can one rife too much? When do I know it's too much?](#)

It all depends on how strong your immune system is and everyone is an individual.

## Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

### [Spooky2 Success Story for "Roaring Ear"](#)

How to deal with "Roaring Ear" using Spooky2

### [Is it possible to do a Baseline scan using XM generator or just only for](#)

[GeneratorX?](#)

You cannot use the baseline scan with a Pulse biofeedback scan.

Spooky2 Forum

[Strategy For Using TENS Pads Overnight - SUCCESS!](#)

This morning I woke up feeling great and so far as I write this, my gut is probably 95% better.

[How to create my own program using only some of the biofeedback results.](#)

How do I eliminate some of the frequencies from my saved scan?

Best of health,

Echo

Spooky2 Team

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If you have questions, please feel free to contact us.

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