

# Spooky2

Dear <<First Name>>,

Welcome to Issue #228 of our Spooky2 Weekly Digest.

## Spooky2 Blog Articles

### [Is It Safe to Receive a Letter or a Package from China?](#)

Can you be infected by receiving a package from China? Find the answer here.

### [Spooky2 BP Database for COVID-19 Q&A](#)

Spooky2 BP database is updated almost every day to keep up the mutation of COVID-19. Here are some Q&A about using Spooky2 BP database for COVID-19.

### [How to Make Structured Water Using Spooky2 Scalar.](#)

One of the coolest things you can do with Spooky2 Scalar is making structured water. This blog gives step by step instructions.

## Spooky2 Q&A

### [What programs are good for gut microbiome repair?](#)

There are many ways to repair gut microbiome. Take a peek here.

### [Is there a toxicity limit for colloidal silver?](#)

How much colloidal silver can you drink per day?

### [Why is a laptop needed for running frequency sweeps?](#)

What special settings do frequency sweeps require in Spooky2 software?

### [How many times do I need to run the frequencies for one sickness?](#)

How long does it take to treat one disease using Spooky2?

## Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

### [Can I run COVID-19 frequencies remotely on my whole family as a preventative measure?](#)

Will COVID-19 frequencies harm you if you are not infected? Read some real experiences from Spooky2 users.

[What disease causes blisters behind the knees?](#)

What programs can you use for blisters and rashes?

Spooky2 Forum

[Spectrum Sweep for Coronavirus](#)

A Spooky user ran this sweep on a family member who came back from a cruise ship vacation with flu-like symptoms and difficult breathing. This person was not tested for COVID-19. But the sweep helped this person recover.

[MW Preset for Vitamin C](#)

The key to fighting COVID-19 is to boost your immune system. Supplementing with Vitamin C helps. Here is a Vitamin C MW preset for you to try.

Best of health,  
Echo

Spooky2 Team

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