

Dear <<First Name>>,

Welcome to Issue #262 of our Spooky2 Weekly Digest.

Spooky2 Thanksgiving event is now on. You can get involved directly by the links below!

- Spooky2 Rife Free Gifts+Share Your Spooky2 Story and Win a Spooky2 Central/Scalar
- Spooky2 Scalar Free Gifts+Share Your Spooky2 Story and Win a Spooky2 Central/Scalar
- MiraMate Free Gifts + Free Shipping

Note: The blood pressure monitors have been running out due to the hot activity. We want to express a big thank you to those who have purchased and if you haven't got your Spooky2 yet, don't worry! We have prepared Low-frequency Mobile Massagers as our new giveaways. Check our Thanksgiving event for more details and grab your chance to save big!

Many inspiring stories have been collected already. Click <u>here</u> to vote for your favorite ones!

Love what we do at Spooky2-mall.com? Invite Your Friends & Earn Gifts!

Spooky2 Blog Articles

5 Ways to Help You Stay Away from Eczema

Eczema treatments can include topical medications, biologics, systemic treatments, pills, moisturizers, baths, and natural remedies. Find helpful tips from Spooky2 for managing eczema here.

What is Meditation?

Meditation is a simple practice available to all. It can reduce stress, increase calmness and clarity, and promote happiness. Here, we offer basic tips to get you started on a path towards greater equanimity, acceptance, and joy. Take a deep breath and get ready to relax.

<u>Healing Frequency for SIBO – Spooky2 Rife Frequency Healing</u>

SIBO often occurs due to a lack of small intestine movement and affects people when they are recovering from a surgery or a disease. This video will help to eliminate the bacteria, recover your intestinal movement, and restore the lining of intestine. Welcome to listen to this frequency and share it with your friends and family.

Something You Need to Know About Gray Hair

For most of us, gray hair is a reminder that we are getting old. However, there are also young people and even little children who have silver hair at an early age. Many would say that this happens because of the increased realistic pressure. However, it is a misleading opinion. Learn more facts about gray hair from here!

Spooky2 Q&A

Can I switch the Tens pads from left ankle right wrist to right ankle left wrist during Terrain and M&L protocols?

Check out the useful tips for using Tens pads here.

What is the difference between DNA programs and regular Rife programs?

How do DNA programs and other programs work? Click here to find out!

Should we limit our treatment time on Contact?

How long do we recommend you to run the contact mode per day?

How can you reduce the electric shock from contact mode?

What can you do when you experience shocks during contact mode treatment?

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

This is my true story about Spooky2

An excellent video made by one of our users. Let's take a look at her success story!

Suggestions for torn rotator cuff or similar issues

Click here to find out what presets or programs you can use for torn rotator cuff

or similar issues.

Spooky2 Forum

Imprinting Water Questions

What is the most reliable method for imprinting programs into the water -- radionics or Cold Laser? How long do you have to run each frequency of a program in order to imprint effectively?

Sinuses and Infection

What are the best options to treat this? What hardware should I use?

Best of health,

Echo

Spooky2 Team

Skype: clean.energy2013

Facebook: www.facebook.com/groups/spooky2

www.facebook.com/spooky2rife/

Web: www.spooky2-mall.com

www.spooky2.com

www.spooky2support.com www.spooky2videos.com www.spooky2reviews.com

Tel: 00-86-25-57037030

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Our mailing address is:

Spooky2 Rife
Room 2003, G-5 Building, Himalaya business centre G
Ningnan Street, Yuhuatai District
Nanjing, JiangSu 211106
China

Add us to your address book

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