

Spooky2

Dear <<First Name>>,

Welcome to Issue #268 of our Spooky2 Weekly Digest.

Only **2 days** left for Spooky2 Christmas sale! This December is the biggest Spooky2 sale of the year, so be sure not to miss it!

[Spooky2 Christmas SALE 2020](#)

Love what we do at Spooky2-mall.com? [Invite Your Friends](#) & Earn Gifts!

Spooky2 Blog Articles

[How to Improve Your Gut Health](#)

The immune system function is an important part of keeping us healthy. Since a large part of our immune system is located in the gut, the gut microbiota plays a key role in determining when and how our immune response works. Click here to learn more about how to improve your gut health.

[Brain Fog: What, Causes& How to Relieve](#)

Brain fog is a symptom that can be caused by a number of factors such as stress, lack of sleep, hormonal changes, diet, medications, and diseases such as Alzheimer's disease. So, what causes brain fog? It can be caused by several things, so here's a list of some of the things that cause brain fog, and how to prevent and stop it.

[Healing Frequency for High Cholesterol – Spooky2 Rife Healing Frequency](#)

High cholesterol means your body has too much cholesterol in the blood. Many people don't realize they have high cholesterol until they suffer one of these life-threatening diseases such as heart attack and stroke. It's mainly caused by eating fatty food, not exercising enough, smoking, and drinking alcohol. This frequency video will help to improve blood flow, reduce cholesterol in your body. Welcome to listen to this audio and share it with your friends and family.

[How to Apply Spine Frequency to Scalar Field](#)

In June Leslie Wieder's book "Songs of the Spine", each vertebra has a frequency to which it responds. By transmitting these frequencies in sequence, it can return your spine into good working condition—in essence, realigning the vertebrae correctly. Learn how to apply spine frequency to the scalar field from

here!

Spooky2 Q&A

[How can you stave off hip & knee replacement?](#)

Is there a preset that encourages cartilage & bone in joints?

[Is Spooky2 Tens Contact Kit \(socks, gloves, wrist bands\) as strong as regular Ten pads?](#)

How can you clean the contact accessories? Are these accessories washable?

[Is it okay to skip the terrain detox?](#)

How to do terrain detox slowly with spooky2? What will happen if you skip it and use healing instead?

[What is the difference between running BFB and then a kill vs. doing a hunt and killing program?](#)

Is it more beneficial to do BFB then switch to boost for the killing?

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

[Running terrain on GeneratorX](#)

What should you do if you go out of the house for an hour or two? Do other members of the family in the same house also benefit from the detox, and they did not do the biofeedback?

[Increasing oxygenation of the body](#)

What frequency will help increase the oxygenation of the body at a cellular level?

Spooky2 Forum

[Porphyromonas Gingivalis](#)

The attached preset contains frequencies that may help in fighting the bacterium Porphyromonas Gingivalis. Click here to find out!

[Mycotoxin Detox](#)

What Spooky2 setup would help to detox mycotoxins?

Best of health,
Echo

Spooky2 Team

Skype: clean.energy2013

Facebook: www.facebook.com/groups/spooky2
www.facebook.com/spooky2rife/

Web: www.spooky2-mall.com
www.spooky2.com
www.spooky2support.com
www.spooky2videos.com
www.spooky2reviews.com

Tel: 00-86-25-57037030

You are receiving this message because you are a valued spooky2-mall.com customer. If you have any questions, please feel free to contact us.

Our mailing address is:

Spooky2 Rife
Room 2003, G-5 Building, Himalaya business centre G
Ningnan Street, Yuhuatai District
Nanjing, JiangSu 211106
China

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)