

Spooky2

Dear <<First Name>>,

Welcome to Issue #270 of our Spooky2 Weekly Digest.

Love what we do at Spooky2-mall.com? [Invite Your Friends](#) & Earn Gifts!

Spooky2 Blog Articles

[How to Reduce Muscle Soreness](#)

Sore muscles after a workout can result in uncomfortable to incapacitating pain. So, what can be done to boost muscle recovery, help you feel better, and get you back to your exercise of choice? Here's everything you need to know about muscle recovery.

[Healing Frequency for ADHD – Spooky2 Rife Healing Frequency](#)

Attention deficit hyperactivity disorder (ADHD) is one of the most common mental disorders affecting children. It may also affect adults. A person with ADHD has differences in brain development and activity that affect their attention, ability to sit still, and self-control. This frequency video will help to relieve impulsivity, inattention, and restlessness. Welcome to listen to this frequency and share it with your friends and family.

[An interview about PEMF with Clive de Carle](#)

A few days ago, John White, the creator of Spooky2, accepted an interview with Clive de Carle, who is a nutritionist and runs a YouTube channel with over 20,000 subscribers. During the interview, John shared the new MiraMate Big Magic Deluxe Mat, the benefits of PEMF treatment, and which Spooky2 device is effective for improving eyesight. Click here to watch the full replay.

[Spooky2 Scalar Online Course – Fungi Treatment](#)

In this course, Ronald Havenaar will introduce in detail what fungal infection is, the importance of fungi for addressing major global challenges, potential bad fungal infections, how to do tests and what treatment options you can choose. This course is especially designed for Spooky2 customers who are suffering from fungal infections, and to help you get rid of them quickly with Spooky2 products.

Note: This training course will be conducted separately in English and German. The [German training course](#) will start at 10:00 PM.

[Spooky2 Scalar Online Course: Scalar Biofeedback Scan](#)

Spooky2 Scalar biofeedback scan is special, and our Spooky2 Scalar is the only device that can perform scalar biofeedback scans. Spooky2 Scalar Digitizer measures tiny changes in the scalar field during scalar frequency scans. Frequencies that invoke changes to the scalar field will be recorded. These changes indicate subtle scalar reactions within your body. You may then run the scan results to treat your health problems.

Spooky2 Q&A

[Which empty shell presets are people using for PTSD Programs?](#)

Should you choose healing or killing preset? Are there any other presets you can choose?

[Where is a good place for a newbie to start?](#)

Spooky2 is a complex system because of its own technology and knowledge attributes. However, you can easily use it as long as you have a proper study. Click here to find out where you can start learning!

[Would it be cool to run Detox Maintenance \(R\) on a continuous basis or is it best used once a week?](#)

How long should one run Detox Maintenance? How often should it run?

[Can Spooky2 be used to treat radiation poisoning?](#)

Click here to see what program will help to treat radiation poisoning.

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

[Success with Cancer](#)

Are you looking for some successes with cancer? So today, we have one amazing user who shared a story about shrinking the cancer condition successfully! Click here to learn more.

[Terrain Protocol Experience](#)

What kind of symptoms would you experience from the detox? How should you deal with it?

Spooky2 Forum

[Frequencies or programs to eliminate surgical scars?](#)

What presets or programs can you use for healing scars? Click here to find out!

[Treating pancreas cancer with plasma](#)

Click here for some topics on general guidance for treating cancer.

Best of health,
Echo

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