

Dear <<First Name>>,

Welcome to Issue #278 of our Spooky2 Weekly Digest.

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# **Spooky2 Blog Articles**

# Start Healing Your Body Using Solfeggio Frequencies

Solfeggio frequencies are sound frequencies which have been used for centuries. By receiving these frequencies, you can easily achieve the perfect harmony of your body and mind.

# What is Frequency Healing?

Need help understanding what frequency healing is? Today, we are sharing the most full-blown frequency healing methods. Discover how you can improve yourself with it!

# <u>Healing Frequency for Amblyopia | Lazy Eye – Spooky2 Rife Healing Frequency</u>

Amblyopia (lazy eye) is a type of poor vision that happens only in one of your eyes because the brain cannot recognize the sight from it. This frequency video will help to relieve head tilting, poor depth perception, squinting, or shutting an eye.

## How Can Breathe-Focused Meditation Improve Your Health?

Oxygen is not only a necessity for living, but it also provides nutrition for our body cells. Change how we breathe to achieve better well-being today. Click here to learn how to practice breathing exercises to improve your health.

#### Sleeping better in the scalar field is a wonderful experience!

Spooky2 Scalar should absolutely be in every household. Spooky2 Scalar field creates sleeping a better and wonderful experience. We also feel more energized and are looking better. We also feel more energized and look better. It is a must-try.

# Spooky2 Q&A

Are there any frequencies or programs that I can run to support myself during

#### Terrain?

Are there any other healing programs you should try with?

# How do I narrow down my Reverse Look Up results?

What's the theory behind Reverse Look Up?

### Are there any recommendations for emotional issues?

What can you do when you feel detached, apathetic, and vulnerable?

# Has anyone used Spooky2 to treat shingles neuralgia?

What frequencies/programs did you use?

# **Spooky2 Discussions**

Spooky2 Rife for Life Facebook Group

# Suggestions for Grief Held In the lungs

What programs can you use to detox the lungs? Are there any specific grief programs?

# Success for Chakra Balancing

Which generator and transmission would be recommended for this?

Spooky2 Forum

#### Salicylate sensitivity

Are there any recommendations on how to use Spooky2 to reduce salicylate sensitivity?

# How to apply DH frequencies in Remote mode

Click here for the introduction of DH frequencies.

Best of health,

Echo

Spooky2 Team

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