



Dear <<First Name>>,

Welcome to Issue #280 of our Spooky2 Weekly Digest.

Love what we do at Spooky2-mall.com? [Invite Your Friends](#) & Earn Gifts!

Spooky2 Blog Articles

[How to Get Anxiety Relief Using Spooky2](#)

Anxiety is your body's natural response to stress. It's a feeling of fear or apprehension about what's to come. In this blog, we are going to explain what anxiety is and how to get anxiety relief using Spooky2.

[Spooky2 Online Training Course – Spooky2 Generators Introduction](#)

During this course, Jonathan Ellis delivered a comprehensive introduction on Spooky2 generators. Click here to watch the video replay.

[Healing Frequency for Nerve Regeneration – Spooky2 Rife Healing Frequency](#)

Nerves are fragile and can be damaged easily. People with nerve damage may experience severe pain, burning sensation, tingling or total loss of sensation in the part of the body affected by the damaged nerve. Welcome to listen to this frequency and share it with your friends and family.

[Scalar Energy "Herx" Reactions](#)

Some Spooky2 Scalar users have reported experiencing "Herx" reactions such as feeling drowsy or groggy after using Scalar. These are normal reactions that your body may experience during its healing journey. Read this blog now to learn about other "Herx" reactions that may occur when you are exposed to scalar energy and the reasons behind these reactions.

Training Course

[Spooky2 Online Training Course – An Overview of Spooky2 Software](#)

We are delighted to have Marian Lydon as our guest in this training course. During this course, Marian Lydon will share an overview of Spooky2 software.

Spooky2 Q&A

[How can you quit smoking using Spooky2?](#)

What presets or programs can you use?

[Is Spooky2 frequency specific microcurrent system?](#)

What does frequency-specific microcurrent mean? How does Spooky2 work?

[What can I do to avoid a knee replacement using Spooky2?](#)

Are there any programs for cartilage regeneration?

[Do I need to change any settings for Plasma or user default setting?](#)

Click here for some instructions of Spooky2 Plasma.

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

[Warts are falling off](#)

Spooky2 user reports that her warts are falling off after trying Spooky2 Remote.
Click here to find details.

[My new toys](#)

Here is a real piece of our Spooky2 user's product showcase.

Spooky2 Forum

[Using healing dual remote](#)

Is Healing and Killing dual JW preset better for healing and killing than regular healing or regular killing using generator XM remotes?

[Imprinting serrapeptase](#)

Which program would be the best to imprint?

Best of health,
Echo

Spooky2 Team

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