

# Spooky2

Dear <<First Name>>,

Welcome to Issue #281 of our Spooky2 Weekly Digest.

As many Spooky2 old friends may have noticed, Spooky2's 8th birthday is coming soon! Get more information from the links below!

- [Spooky2 Rife - Free Gifts + Spooky2 8th Anniversary Kits + Share story, win prize](#)
- [Spooky2 Scalar - Free Gifts + Spooky2 8th Anniversary Kits + Share story, win prize](#)
- [MiraMate - Free shipping on all MiraMate's main units](#)

Love what we do at Spooky2-mall.com? [Invite Your Friends](#) & Earn Gifts!

## Spooky2 Blog Articles

### [Tips to Maintain Healthy Bones](#)

Most of us acknowledge the importance of maintaining healthy bones. However, only a few people take action to protect our bones. In this blog, we are going to list some tips that we can follow to keep our bones strong and healthy.

### [Spooky2 Online Training Course – An Overview of Spooky2 Software](#)

During this course, Marian Lydon explained the basic software operation. Click here to watch the video replay.

### [Healing Frequency for Muscle Relaxation – Spooky2 Rife Healing Frequency](#)

When we are under pressure, our bodies go into fight mode and our muscles tense up in preparation for action. Also, if we are experiencing chronic stress, this tension from our stress response can continue to build up and lead to pain over time. This frequency video will help to relieve muscle tightness and relax your body.

### [963 Hz: The Frequency of Gods](#)

The 963 Hz, also known as "Si", helps you awaken your body system and return to its original perfect state. It is also called Pure Miracle Tones and is responsible for awakening intuition and activating the pineal gland. Learn more

about the healing power of 963 Hz from here!

## Spooky2 Q&A

[Has anyone experienced any vision improvement while using Spooky2?](#)

How can you improve your eyesight with Spooky2?

[How do healing and detox frequencies work?](#)

What is the difference between healing and killing frequencies?

[Suggestions for candida infection, diabetes, and PCOS.](#)

What products would be a good choice for such conditions?

[Has anyone used Spooky2 to stimulate collagen in the skin?](#)

Are there any frequencies to blast melanocytes to erase freckles?

## Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

[Will Spooky2 Remote affect other family members?](#)

Will they receive the frequencies that I'm receiving or being treated with?

[Success in controlling our cat's metastatic cancer](#)

Spooky2 successfully stabilized cancer before further aggravation.

Spooky2 Forum

[What is offset?](#)

Could somebody explain what offset is, the difference between positive and negative offset, why you would want one or the other, to what degree the offset should be, and how it relates to waveform, amplitude, etc.?

[Flash or Ray Gun for Psoriasis](#)

Which device should I buy to deal with Psoriasis?

Best of health,  
Echo

Spooky2 Team

Skype: clean.energy2013

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Tel: 00-86-25-57037030

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**Our mailing address is:**

Spooky2 Rife  
Room 2003, G-5 Building, Himalaya business centre G  
Ningnan Street, Yuhuatai District  
Nanjing, JiangSu 211106  
China

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