

Spooky2

Dear <<First Name>>,

Welcome to Issue #310 of our Spooky2 Weekly Digest.

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Spooky2 Blog Articles

[How to Boost Daily Wellness](#)

For most people, we always look at health only from the physical aspect and define health as the absence of illness or disease. However, that is only part of the story. In order to enjoy a fulfilled life, it is important to find your own way of improving your holistic wellness every day. Click to find out how Spooky2 can help boost your daily wellness.

[How to Manage Your Dry Eyes Naturally](#)

Having dry and itchy eyes are annoying. You rub again and again during the day, but the itchiness won't go away. It seems the only relief is when you pour over-the-counter (OTC) or prescription eye drops in. However, it only works for a short period, and the doses may increase over time. In this blog, we will discuss some of the changes you can make to relieve dry eyes symptoms.

[Scalar primed our body to be the best over those few months](#)

Last Autumn, a friend loaned us a scalar machine, hoping to help my Hubby. Sceptical, but we're always looking for something to help restore his health. We thanked her, and set up the machine in our bedroom, and just left it alone. A few months went by, and we noticed that hubby's health was slowly improving. Click here to learn why this couple now has chosen to buy their own Scalar and

how they received benefits from Spooky2 Scalar.

Rife Frequency Video

[Healing Frequency for Bronchitis – Spooky2 Rife Frequencies](#)

Bronchitis is an infection in the main airways of the lungs. It occurs when the bronchioles are inflamed and generate too much mucus. This frequency video will help you relieve symptoms such as hacking cough, chest discomfort and shortness of breath. Listen now to enjoy the benefits.

Spooky2 Q&A

[When I am using plasma for métastase in my head, how far should it be away from my head?](#)

How should we place the plasma during treatment?

[Why does the interface “Spooky2 is running” always appear? What can I do to get bigger writing and numbers back to the correct size again?](#)

How do we change the font size in Spooky2 software?

[Which frequencies are recommended for hyperestrogenism and hot flushes?](#)

Click to find out if you are also troubled by these problems.

[Which program is suggested to stop smoking? How long should I continue running the smoking cessation programs?](#)

How can you use Spooky2 to help you quit smoking?

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

[Some Tips for New Spooky2 Users](#)

This post might be useful if you are also new to Spooky2 and have just received your package.

[Killing Insects Using Spooky2](#)

One of our users tried to eliminate insects in his house using Spooky2 Spectrum Sweep. Click to discover how he did it.

Spooky2 Forum

[BFB Scanning Questions](#)

Julie asked some questions about the BFB scan. Click to get the answers.

[Running GenX and task manager shows not responding](#)

What should you do if Spooky2 software is suddenly not responding?

Best of health,

Echo

Spooky2 Team

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