

Dear <<First Name>>,

How are you?

Welcome to Issue #353 of our Spooky2 Weekly Digest.

#### Have you joined our Spooky2 Membership yet?

You can now log in to <u>spooky2-mall.com</u>, earn your credit points, get your birthday special gifts, and redeem for Spooky2 coupons and products. Become a Spooky2 member today to save big every time you purchase!

Join Spooky2 Membership Now

**Invite Your Friends** 

#### Spooky2 Blog Articles

### Spooky2 Rife: A Natural Remedy for Insomnia

Insomnia is a common sleep disorder, with approximately one-third of the world's population reporting their insomnia symptoms. So, how can **Spooky2** help you prevent or relieve insomnia? Let's find out.

## How to Manage Depression with Spooky2 🔅

Feelings of sadness or emptiness that don't go away within a few weeks may be a sign of depression. **Do you often feel sad or depressed?** Click to read how you can manage depression using Spooky2.

#### How to Help with COPD Using Spooky2 Scalar

COPD is one of the deadliest lung diseases, characterized by an abnormal inflammatory response in the lungs and airflow. In this week's blog, we will demonstrate how you can use your Scalar to relieve symptoms of COPD.

## Spooky2 Live: Which Kit to Choose?

We are excited to announce the launch of a brand-new program: **Spooky2 Live** – a live stream program hosted by the Spooky**2** team with the

aim to answer all types of questions before, during, and after using Spooky2 devices.

Click the button below to find out what we have prepared for our first Spooky2 Live and register to watch at 9:00 AM Thursday this week. (UTC+8)

## **Register Now to Save Your Seat**

## SAMA: Episode 173 Enter the World of Quantum Healing

In this episode, we are delighted to have Dr. Paul Drouin on our show to share his insights into Quantum Healing. During this interview, Dr. Paul Drouin shared:

- What is Quantum Healing?
- Why is Quantum Healing important?
- The benefits of Quantum Healing.
- Precautions for practicing Quantum Healing.

## Watch the Full Replay

## Rife Frequency Video 🞧

Healing Frequency for Uterine Fibroids - Spooky2 Rife Frequencies

Uterine fibroids are one of the most common benign tumors and typically develop in women of childbearing age. Listen to this frequency now to relieve fullness in the lower abdominal area and lower back pain.

# Spooky2 Q&A 🖓

<u>Can I run Spooky2 and take medications at the same time?</u>
Will Rife frequencies interfere with or affect the medications you take?

How to choose from different programs in the Spooky2 DNA database? Especially if you are choosing between programs with the same names?

Why does the Note for Solfeggio frequencies show use with caution? Does that mean Solfeggio frequencies can be **harmful**?

Is there any frequency for someone who is starting menopause?

What programs, presets, and products can be effective?

#### Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

### Spooky2 Central for Rate 9/10 Pain

Do you have similar problems? What **programs or presets** have you used?

Spooky2 Forum 💬

#### Depression, anxiety, and EMF sensitive

What **programs/presets** are recommended?

Best of health,

Echo

Spooky2 Team

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Facebook: www.facebook.com/groups/spooky2

www.facebook.com/spooky2rife/

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