

Spooky2

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Dear friend,

Welcome to Issue #447 of our Spooky2 Weekly Digest.



Spooky2 Blog Articles 📄

[Discover the Power of Frequency Healing: Audio vs. Hardware](#) 🎧

Whether you're curious about the therapeutic effects of sound or interested in advanced hardware technology, this article provides valuable insights to help you make an informed decision. Join [Spooky2](#) in unlocking the secrets of frequency healing and optimize your path to wellness.

[Getting the Benefits of Vitamin C with Spooky2 Scalar](#) 🍊 Vitamin C is crucial for tissue growth, repair, and protection against free radical damage. As our bodies can't produce it, we must get it daily through diet and supplements. [Read this blog](#) to explore vitamin C's benefits, food sources, and how to supplement effectively using [Spooky2 Scalar](#).

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Past Issues

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[6-Week Relief: Conquer Back Pain and Restless Legs with Vagus Nerve Therapy and Spooky2 🧡](#)

I made a program for [Plasma](#) / Entrainment and Healing which I run every other day, and one for Remote 24/7: Lumbago 1 and Vagus nerve. Bingo: done with the lower back pain and no more restless legs. Thank you Spooky2! 🧡



Top contributor · May 25 at 5:43 AM · 🗨️

⋮

Relieving lower backpain, restless legs and fatigue

I broke my ankle in three places 6 weeks ago, which means my lower back and legs are also suffering. Until recently I experienced pain and heaviness in both legs and the worst case of restless legs.

So I did a little Googling and found out that restless legs are thought to have a connection with irritation or damage of the VAGUS NERVE, the body's longest and most complex nerve network. Now that was something to work with!

I already tried the Song of the Spine program in Remote mode, which didn't help much, but now I had an important lead to something that could be the key cause.

I made a program for Plasma / Entrainment and Healing which I run every other day, and one for Remote 24/7:

| Lumbago 1 and Vagus nerve.

Bingo: done with the lower back pain and no more restless legs.

Now I still have days on which I feel totally exhausted, and by chance, which actually doesn't exist, I found the YouTube audio program Spooky2 Fatigue. This appeared to be a big success! It feels as if tiny bubbles are floating through my body, and I can feel the heaviness being lifted... Sometimes I only need 20 minutes, other times I do 40.

Thank you Spooky2! 🧡



Spooky2 and 7 others

3 comments

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Rife Healing Frequency Video 🎧

[Healing Frequency for Crepitus](#) 🗝️

Crepitus is a medical term typically used to describe a crackling or popping sound that occurs when moving a joint or bone. This sound may be caused by irregularities in the surface of cartilage or bone. Crepitus can be associated with

[the video.](#)

This frequency video will help:

- ✓ Experience reduced joint pain or discomfort
- ✓ Notice less crackling or friction sensation during joint movements
- ✓ Feel smoother joint movements, leading to improved daily functionality

Training Course

Spooky2 Online Training Course – Spooky2 Generator

On Thursday, we will have a new training course, hosted by Debbie Rich, one of our certified Spooky2 trainers. During the webinar, she will share the following:

- Spooky2-XM Generator.
- Spooky2 GeneratorX Pro.
- How to Connect and Run a Generator for the First-Time Spooky2 Users.
- How to Load Programs into GeneratorXPro.
- How to Operate Spooky2 Software (5 steps).
- How to Set Up Multiple Generators.

[Click to Save Your Seat](#)

Training Course

Spooky2 Online Training Course – The Differences between Diabetes Type 1 and 2 & How to Address Addictions Using Spooky2

On Friday, we will have a new training course, hosted by Bradley Johnson, one of our certified Spooky2 trainers. During the webinar, he will share the following:

- The Differences between Diabetes Type 1 and 2.
- Programming and Modality Approaches for Both Types.
- Scalar and Insulin Success Stories.
- How to Address Addictions Using Spooky2.
- Where to Draw the Line when Fighting Addictions.
- Scalar and Morphine Addiction Success Story.

Spooky2 Q&A

[More information about Super program - The frequencies marked as RUSS](#)

Looking through the frequencies, I stumbled onto Super Program 1, 2, and 3. Then I look up the frequencies it comes up with Super Program 1 with no other information. Does anyone know why this is happening and what it actually does? The program is RUSS

[Is imprinted holographic sticker the same as using Spooky2 Remote?](#)

In my opinion, the remote is more holistic because the frequencies go to the whole body, while the sticker is more for the localized area of treatment. [Click here for more information about how to imprint holographic sticker.](#)

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group

[My father has an infection from a cut on his foot. He's diabetic. What would I look up to help him heal the infection?](#)

BFB with tens on sole and top of foot. No guessing. Run results in contact mode multiple times during the day. Remotely you can run detox, immune support and anything else you deem necessary.

Spooky2 Forum

[Do I use the Killing or Healing Preset for a bone disease that is diminishing the bone in my jawbone?](#)

What you can do is have a puncture taken of the bacteria from your pockets and then you will have a name that you may be able to find in [Spooky2's database](#). Perhaps also an idea to get some inflammatory fluid from a pocket itself - if you have such inflammation - put in the remote and treat via Spooky2 with killing.

That's all for this week. Take care :)

Spooky2 Team

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