

Spooky2

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Dear friend,

Welcome to Issue #448 of our Spooky2 Weekly Digest.



Spooky2 Blog Articles 📄

[Reducing High Blood Pressure with Spooky2](#) 🌿

According to estimates, 1.28 billion adults worldwide between the ages of 30-79 suffer from this illness, which can be life-threatening if not treated. [Spooky2 Remote](#) mode is almost the easiest way to apply the extraordinary Rife frequencies, and you do not need to worry about the side effects of prescription drugs.

[Why You Should Care About Prana](#) 🌀

Chakras are the energy centers of humans, but we cannot talk about it without mentioning prana, the vital life force that sustains life. It is fundamental to various natural healing systems. What does prana do? How is it connected to chakras? [Keep reading](#) to learn more. Check out [Spooky2 Scalar](#).

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Spooky2 Testimonial 🥰

[Secret to Baby Sleep? Daily Wellness!](#) 🙌

I have been dealing with insomnia and then headaches the next day, not to mention a lack of productivity as a result. I've lost days in productivity. In looking to see how I can solve this with [Spooky2](#), I came across Daily Wellness (R) – BY and tried it. Result: I have been sleeping like a baby ever since. 🥰



March 10 · 🌐



Dear Spooky2 Family, someone using spooky2 asked me to share with her my program for a good night's rest with spooky2. You see, I have been dealing with insomnia and then headaches the next day, not to mention a lack of productivity as a result. I've lost days in productivity. In looking to see how I can solve this with Spooky2, I came across Daily Wellness (R) - BY and tried it. Result: I have been sleeping like a baby ever since. When I don't use it, I notice I go back to having issues falling asleep. Maybe I need to do this for 21+ days to be able to skip a night. In addition, to utilize my Spooky2's other remote, I have been running Detox Maintenance at the same time. Together, these 2 programs have been working beautifully for me and I am soo happy to be able to sleep like a baby again. It's life-changing. Hope this helps someone else as well. ... later addition: forgot to mention that my Doc prescribed strong sleeping pills. After reading their crazy side effects like sleep walking and driving, I decided not to take and was able to solve my insomnia this way.

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Rife Healing Frequency Video 🎧

[Healing Frequency for Co-infections](#) 🌿

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phenomenon is relatively common, particularly in individuals with compromised or weakened immune systems. [Click to listen to the video.](#)

This frequency video will help:

- ✅ Rife frequencies alleviate symptoms like fever and cough
- ✅ They strengthen the immune system for better infection fighting
- ✅ Promote tissue repair, aiding quicker healing.

🤔 When to Use Frequency Audio vs. Rife Machine? [Check this blog out!](#)

Training Course 📺

Spooky2 Online Training Course – Sports Medicine and Athletic Performance with Spooky2

On Thursday, we will have a new training course, hosted by Dr. Bill McGraw, one of our certified Spooky2 trainers. During the webinar, he will share the following:

- How to Use Spooky2 Scan to Diagnose Athletic Deficiencies.
- How to Determine Any Possible Health Issues to Prevent Injuries Using Resonance.
- How to Eliminate Minor Latent Infections that Decrease Physical Performance.
- How to Decrease Inflammation to Reduce Downtime Between Workouts.

[Click to Save Your Seat](#)

Spooky2 Q&A 💡

[What frequencies do you recommend for lower back pain?](#)

Most of the time low back pain or tension comes from pinched nerves by the Psoas or Iliacus muscles on the front of the spine and pelvis. [Check out success stories](#) from our customers!

[Advise regarding settings for high blood pressure.](#)

If your kidneys are involved, try running this: Hypertension Renin Induced CAFL

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group 

[I am having a Atrial Fibrillation. Does anyone can help me to run in the spooky2?](#)

On spooky2 there is a fibrillation and blockage and magnesium and liposomal vitamin C. I run it at night for my husband and keeps his heart regular

Spooky2 Forum 

[How to write amino acid sequences as per new software update?](#)

New: Amino acid chains (proteins) to frequency. Spooky now accepts amino acid characters within a program. Amino acids must be within brackets. How to write BPC-157 in amino acid sequence? (from cancerclinic.co.nz)

That's all for this week. Take care :)

Spooky2 Team

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