

Spooky2

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Dear friend,

Welcome to Issue #450 of our Spooky2 Weekly Digest.



Spooky2 Blog Articles 📄

[Spooky2 Rife Machine: Ensuring Healthy Vitamin Levels](#) ☀️

Vitamins are organic compounds that humans need in small amounts to stay healthy. They are often referred to as “essential supplements.” Vitamins play several roles in helping the body function properly. What are the 13 types of vitamins? [Visit our blog](#) to learn more about [how Spooky2 can benefit you](#).

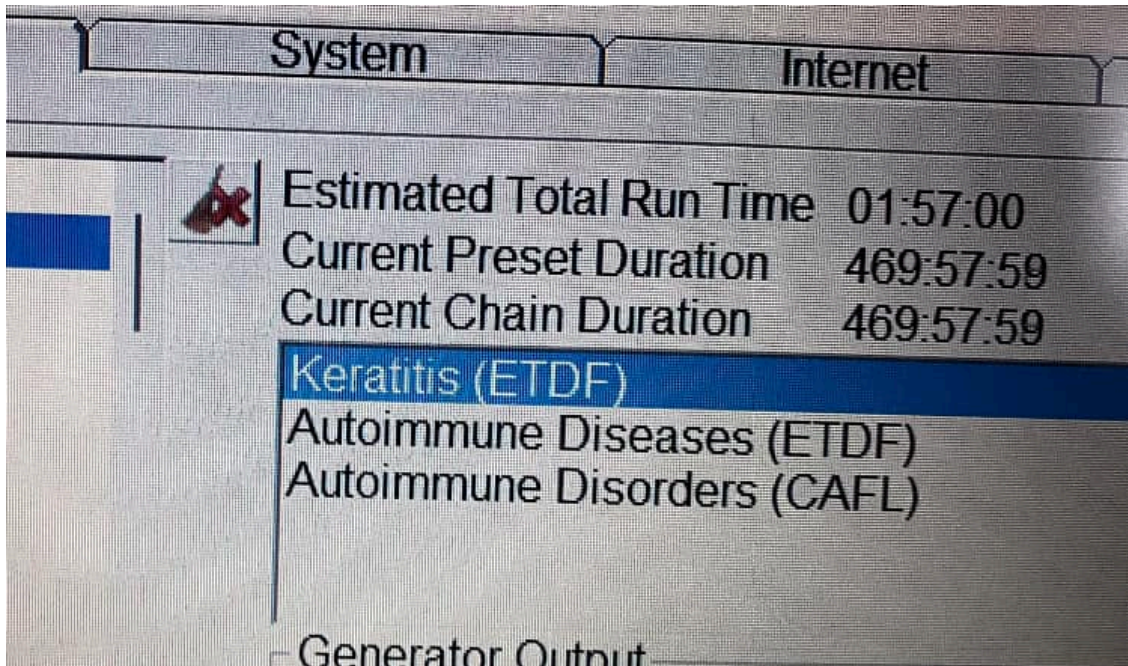
[How Old Are Your Arteries?](#) 🩺

Arteries are vital for transporting essential nutrients and oxygen throughout the body. Want to test how old your arteries are? Check out our [latest blog](#) to uncover the causes of atherosclerosis and discover how scalar energy can help keep your arteries youthful. Check out [Spooky2 Scalar](#).

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[4 Years Clear: Shih-Tzu's Eyes, 1-Month Improvement, Saved \\$1800 a Year with Spooky2 🐕](#)

When my little shih-tzu developed autoimmune dry eye the vet's only solution was eye drops or surgery. He was in so much pain and the eye surgeon told me the punctal plug surgery was not guaranteed and would cost me 1800.00 a year to get it done if it did work. I ran my [Spooky2](#) and within 2 weeks, I saw improvement. After a month he was all better. That was 4 years ago.



[Click to Read the Full Story](#)

[Rife Healing Frequency Video](#) 🎧

[Healing Frequencies for Vitamin D Deficiency or Hypovitaminosis D](#) 🗣️

Vitamin D deficiency, also known as Hypovitaminosis D, Low Vitamin D, 25-hydroxyvitamin D deficiency, and Calciferol deficiency, occurs when your body doesn't get enough vitamin D from sunlight or dietary sources. This essential nutrient is crucial for maintaining healthy bones and immune function. Lack of vitamin D can lead to a range of health issues, including weakened bones, increased susceptibility to infections, and chronic fatigue. Recognizing the signs early is vital to prevent long-term damage. [Click to listen to the video.](#)

This frequency video will help:

- ✅ Improved bone health and reduced risk of osteoporosis.
- ✅ Enhanced immune function, leading to fewer infections.

🙄 When to Use Frequency Audio vs. Rife Machine? [Check this blog out!](#)

Training Course 📺

Spooky2 Online Training Course – Spooky2 Contact

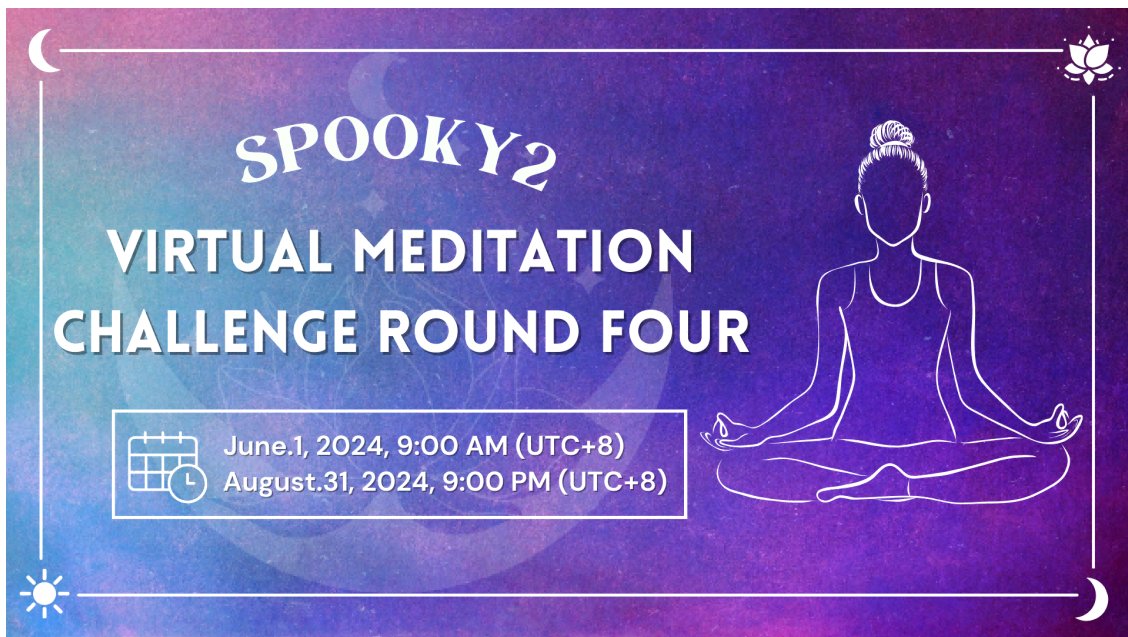
On Thursday, we will have a new training course, hosted by Dr. Stanisor, one of our certified Spooky2 trainers. During the webinar, he will share the following:

- The Working Theory of Spooky2 Contact.
- 4 Spooky2 Contact mode and Difference between them.
- Tens Pads Placement.
- What You Can Do When You Experience Shocks in Contact Mode.

[Click to Save Your Seat](#)

Spooky2 Virtual Meditation Challenge Round Four 🧘

We recommend a minimum meditation duration of 20 minutes per session for optimal benefits. The more you participate, the greater the rewards.



[Participate Now](#)

Spooky2 Q&A 💡

[How long to run BFB results?](#) 😬

Depending on your Spooky2 device, scanning every seven or four days is highly recommended. [Spooky2 Central/Plasma](#) users should use the results program in a killing preset and run it once a day for four days, then scan again. [Contact Mode](#) users should run it once daily for seven days, and then scan again. [Remote Mode](#) should be run non-stop for a week and then scan again. Repeated scans are necessary. [For more suggestions click here!](#)

[What's the difference between the detox maintenance and terrain, which is more gentle?](#) 🌿

Terrain Protocol is a hard-hitter, which covers pretty much everything. Detox Maintenance is a gentle generic detox designed to remove toxins throughout the body without a Herxheimer effect (feeling lousy for days). [For more suggestions click here!](#)

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group 

[How many different contact sessions can you do in a day?](#)

Twice a day is the best from what I can tell but if you want to do more it can't do any harm. In general treatments twice in every 24 hours via contact or plasma is probably the best way and you can do remotes between a while. You need to pay attention to how you feel. Of course, you want to do as much contact that is comfortable for you.

Spooky2 Forum 

[I recently learned a lot about blood contamination from the Vaxx, and I was wrong about something big.](#)

I'm unvaccinated, but my blood has graphene oxide, graphene sheet structures, quantum dots, hydrogel, small particles that move against the flow of blood and appear to be constructing the sheets. I suspect that 528 Hz audio and green light therapy are possibilities. [Click here to read more.](#)

That's all for this week. Take care :)

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