

Spooky2

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Dear friend,

Black Friday is here, and we're excited to bring you the best deals on Spooky2 products this year! Don't miss out on the opportunity to invest in your health and wellness at unbeatable prices. 🎁

Welcome to Issue #471 of our Spooky2 Weekly Digest.

Spooky2 Blog Articles 📄



[Spooky2 Central: A Powerful Health Solution](#)

Millions face chronic issues like pain, inflammation, and anxiety. [Spooky2 Central](#) provides a non-invasive, frequency-based solution for lasting health and wellness. Learn how it can transform your life today! [Click here to learn more.](#)

[Your Body and Frequency: What You Might Feel](#) ✨

Frequency healing is based on the principle that everything, including our bodies, vibrates at specific frequencies. By introducing targeted frequencies, Spooky2 supports physical, mental, and emotional well-being, much like how specific sounds can shatter glass. [In this blog](#), we'll delve into how frequencies influence your physical sensations and how often the Spooky2 Remote's light flashes, offering insights for both new and experienced Spooky2 users.

[How to Naturally Overcome Anemia in Women with Spooky2 Scalar](#)

Anemia affects millions of women, with around 20% in the U.S. experiencing symptoms like persistent fatigue and dizziness, according to the CDC. Menstrual cycles, pregnancy, and diet make women especially prone, as low red blood cell levels impact oxygen delivery. [In this blog](#), we'll explore women's anemia, its symptoms, and natural ways to overcome it. Click here to learn more about [Spooky2 Scalar](#).

Spooky2 Testimonial 🧡

[4 Months to Transformation: My Journey to Regrowing Hair](#) ❤️

After four months of dedication and following my customized remote hair growth treatment, I'm thrilled to share the incredible progress I've made! Every morning, as I look in the mirror and see my hair growing thicker and stronger, it feels like life is blossoming on my scalp once again—it's an indescribable joy.

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Ik wilde een update geven van mijn aangepaste haargroeiprogramma na 4 maanden behandeling op afstand



[Check Out More User Experiences](#)

Rife Healing Frequency Video 🎧

[Healing Frequency for IBS – Spooky2 Rife Frequencies](#) 🧑🏻 🧑🏻

Irritable Bowel Syndrome (IBS) is a common digestive condition that affects millions of people. It can cause symptoms such as abdominal discomfort, bloating, diarrhea, or constipation, often disrupting daily routines. While it is not life-threatening, ongoing symptoms can impact overall well-being.

Understanding triggers, adjusting diet, managing stress, and exploring suitable treatments can help ease symptoms and support a more comfortable lifestyle. Remember, every small change is a step toward a healthier you. [Click to listen to the video.](#)

How to Use Spooky2 for IBS

- Ensure a quiet environment for therapy.
- Listen with headphones for 15-20 minutes, 2-3 times daily.
- Adjust sessions to fit your schedule.
- Stay hydrated to support detoxification.

🧐 When to Use Frequency Audio vs. Rife Machine? [Check this blog out!](#)

Training Course 📺

[Spooky2 Online Training Course – Spooky2 for beginners: Spooky2](#)

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On Thursday, November 21st, we will have a new training course, hosted by Michael Goss, one of our certified Spooky2 trainers. During the webinar, he will share the following:

- The Working Theory and Benefits of Spooky2 Central.
- 4 Mode of Spooky2 Central: Contact, Ultrasonic, PEMF Coil, and Plasma Tube.
- What's the Difference between Spooky2 Phanotron Tube and Spooky2 Straight Tube?
- How to Connect Spooky2 Central and Operate Spooky2 Software.

[Click to Save Your Seat](#)

Coffee Time ☕



The banner features a warm, autumn-themed background with pumpkins, sunflowers, and falling leaves. At the top left is the Spooky2 logo with a ghost icon. A central banner reads "Episode 29: Celebrate Thanksgiving with Spooky2 and Win a Prize". Below this, a white box with an orange border contains event details: a calendar icon for "Date: Wednesday, November 20th", a clock icon for "Time: 09:00 AM Nanjing, China (UTC+8.00)", a person icon for "Guests: Penny Yu and Smalley Xie", and an envelope icon for "Live Platform: Zoom and YouTube". At the bottom center is a "REGISTER NOW" button with a right-pointing arrow.

☕ Join Us for a **Thanksgiving Coffee Time** on **November 20th!** Let's connect, share stories, and win fantastic rewards! 🎁

[Register Now to Save your Seats](#)

Spooky2 Q&A 💡

[Why place the remote near the left arm for DH frequencies?](#)

process. [Click here to learn more about DH presets.](#)

[What Parameters Influence the Audio Frequency Playback of Headphones?](#)

The audio frequency playback of headphones is influenced by parameters like frequency response range, impedance, sensitivity, driver size, and type, total harmonic distortion (THD), and acoustic design (open-back vs. closed-back). Frequency range affects low and high frequencies, impedance influences power needs and bass balance, sensitivity affects volume and tonal balance, driver size impacts bass response, low THD reduces distortion, and acoustic design shapes soundstage and bass control. [Click here to learn more.](#)

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group 

[How long should I play Rife on YouTube? Can I loop it in 24 hrs or is that too long?](#)

It depends on personal situation. Some people find it annoying listening to audio and feel depressed afterward, while others do not have such feelings. In addition, [RifeTherapies.com](#) fits the situation and there are many frequencies to choose from. You can have a broadcast plate but headphones also work once plugged into the audio port of the computer. [Click here to see more details.](#)

[How to set a sticker without it cramping on the remote?](#)

Fold the sticker so that the sticky side is on the inside, preventing it from sticking to the remote.

Let's take fingernails as an example:

1. Put your fingernail on the sticker. Then, use another sticker to cover it.
2. Write a name on the sticker (this is a convenient way to distinguish your DNA samples from others).
3. Put your fingernail in the Remote. [Click here to see more details.](#)

Spooky2 Forum 

[What is the quickest way to chain DH frequencies together so you can leave them running?](#)

Choose a DH preset you want to add to a chain and press that big down arrow which is under the preset-selection section. Do this to all the presets you want to be in the chain press "Save the currently loaded Presets as a Preset Chain" and give a name to your preset chain. After this, you can find this preset-chain in your ">User" section. [Click here to see more discussion.](#)

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Stay tuned for more updates and exciting content next week. Until then, take care, and happy healing! ✨

Spooky2 Team

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