

# Spooky2

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Dear friend,

Welcome to Issue #479 of our Spooky2 Weekly Digest.

## Spooky2 Blog Articles 📄



### [What Role Does Spooky2 Play in Supporting Metabolism and Health?](#)

Metabolism is the body's engine, powering essential functions such as energy production, tissue repair, and detoxification. Spooky2 offers a non-invasive approach to optimizing metabolism. [Click here to learn more.](#)

### [Can Spooky2 Frequency Imprinting Easily Enhance Your Health](#)

Frequency imprinting is embedding therapeutic frequencies into water, crystals, or holographic materials. [This blog](#) explains how each method works and how you can harness their power for personalized frequency therapy. [Click here to learn more.](#)

### [What Are Nodules and Why You Should Care?](#)

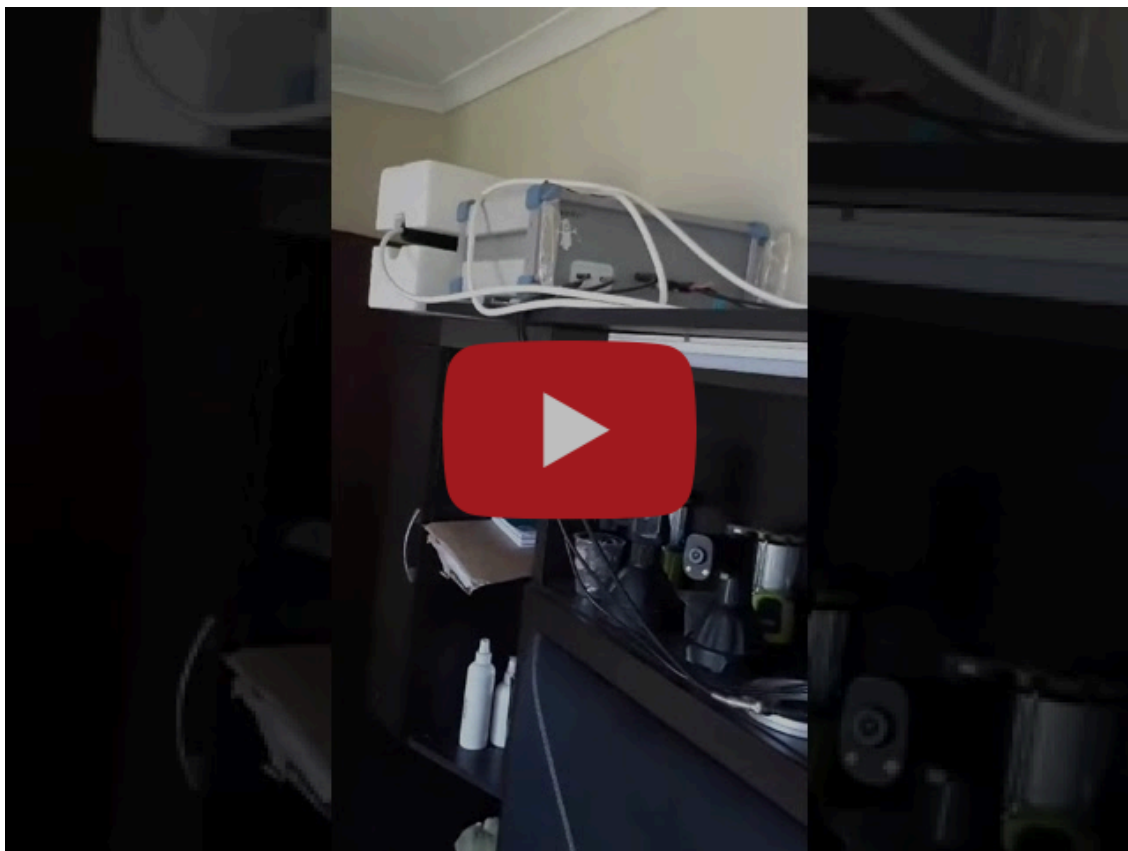
Nodules can develop in various parts of the body, including the thyroid, breasts,

body's natural healing process in treating nodules.

### Spooky2 Testimonial 🧐

#### [Sarina's Journey with Spooky2 XM Generators and Colloidal Silver](#) ❤️

"I used two XM generators, specifically the Pro X models. They run continuously and are integral to my wellness routine. I used them primarily for biofeedback scans and to imprint holographic stickers. These stickers have been especially helpful for managing issues like acid reflux, and the improvements have been tremendous."



Check Out More User Experiences

### Rife Healing Frequency Video 🧐

#### [Healing Frequency for Vitamin Deficiency – Spooky2 Rife Frequencies](#)

Vitamin deficiency occurs when the body lacks sufficient essential vitamins, leading to various health issues. Vitamins are crucial micronutrients necessary

🧐 When to Use Frequency Audio vs. Rife Machine? [Check this blog out!](#)

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### Training Course 📺

#### **Spooky2 Online Training Course – Treating Urinary Tract Infections and Urethral Inflammation with Spooky2**

On Thursday, January 16th, we will have a new training course, hosted by Dr. Bill McGraw, one of our certified Spooky2 trainers. During the webinar, he will share the following:

- Learn how to identify and treat urinary tract infections.
- Discover the main different types of viruses, bacteria, and fungi that cause urinary tract problems.
- Create different methods to address inflammation after pathogen elimination.
- Manage urinary tract problems over long-term treatment processes with programs and diet/supplement changes.

[Click to Save Your Seat](#)

### Training Course 📺

#### **Spooky2 Online Training Course – Terrain Protocol**

On Tuesday, January 21st, we will have a new training course, hosted by Nick Dewey, one of our certified Spooky2 trainers. During the webinar, he will share the following:

- What is Terrain and Which Terrain to Choose.
- Herxheimer.
- A Live Conversation and Demo on How to Perform Spooky2 Terrain.
- How to Load the Program and Run GeneratorX Pro Standalone.

[Click to Save Your Seat](#)

## Spooky2 Q&A 💡

### [How to remotely manage software on your home computer?](#)

TeamViewer is an app you can download to control your computer remotely. [Click here to learn more.](#)

### [Does Spooky2 harm beneficial bacteria and reduce immunity?](#)

It will not affect good bacteria, if the frequency doesn't resonate with the pathogen, it won't work. The human body contains far more beneficial bacteria than harmful ones, so there's no need to worry. [Click here to learn more.](#)

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## Spooky2 Discussions

Spooky2 Rife for Life Facebook Group 🟩

### [Autism and ADHD with Spooky2](#)

Less than two years ago, I realized that I might have been autistic or ADHD all along. This discovery came as a shock. Dealing with chronic fatigue, candida, and autism/ADHD made life challenging. Using Spooky2 to address candida was a significant breakthrough for me. I started running programs for autism, ADHD, and related issues for under 4 hours in remote mode. [Click here for more details.](#)

### [Can I treat old-age droopy eyelids?](#)

Yes, detox and liver programs have shown positive effects. You may need to experiment to find what works best for you. [Click here for more details.](#)

Spooky2 Forum 💬

### [Thyroid Preset](#)

To find thyroid-related presets, search "Thyroid" in the Presets search box. The following programs may appear:

- 0022 Endocrine, Lymph, Thyroid & Adrenal System (Coil)
- 0022 Endocrine, Lymph, Thyroid & Adrenal System (C)

These presets are designed for PEMF and Contact Mode. If using Contact Mode, avoid placing the TENS pads close to your heart or above your shoulders. [Click here for more details.](#)

🌟 Thank you for being a valued part of the Spooky2 community! Stay tuned for more updates and exciting content in next week's digest. Take care and happy

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The Spooky2 Team

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