

# Spooky2

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Dear friend,

Welcome to Issue #480 of our Spooky2 Weekly Digest.

## Spooky2 Blog Articles 📄



### [How Spooky2 Boosts Your Antioxidant Effect](#)

Antioxidants are crucial for neutralizing free radicals, protecting cells, and reducing oxidative stress. Meanwhile, innovative technologies such as the Spooky2 frequency healing system offer complementary solutions to support the body's natural defenses and enhance overall health. [Click here to learn more.](#)

### [What Can You Do with the Spooky2 Portable GeneratorX Pro Essential Kit?](#)

The Spooky2 Portable GeneratorX Pro Essential Kit is powerful and taps into the healing potential of rife frequencies, making it an ideal addition to your holistic health journey. [In this blog](#), we'll explore the kit's core functions and how it can enhance your path to wellness. [Click here to learn more.](#)

[blog](#) explains methods for testing whether your [Spooky2 Central](#) is working properly.

### Spooky2 Testimonial 🥰

#### [Unlock Your Weight Loss Potential](#) ❤️

"I run Weight Management along with all the fat cell burns and metabolism programs. However, my friend does exercise regularly but has no results! Until I shared with him what I had with the Spooky. And he gave it a try and 2 weeks later 11 lbs OFF!! And still burning by the way... he's not stopping. "

Attention Spooky users WHO is curious about the WEIGHT MANAGEMENT PROGRAM. I have tried it on a client of mine for 2 weeks, and he claim he lost over 11lbs!! I run Weight Management and along with all the fat cell burns and metabolism programs. However, this person does exercise on the regular but no results! Until I shared with him what I have with the spooky. And he gave it a try and 2 weeks later 11lbs OFF!! And still burning by the way.. he's not stopping. Hope this message inspires a few of you that have weight issues.— 😊 feeling proud.

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21 🗨️

### Check Out More User Experiences

### Rife Healing Frequency Video 🎧

#### [Healing Frequency for Herpes Zoster Shingles – Spooky2 Rife Frequencies](#)

Herpes Zoster (Shingles) commonly known as Shingles, is a viral infection caused by the varicella zoster Virus (VZV), which is the same virus responsible for chickenpox. After a person recovers from chickenpox, the virus can lie dormant in the body and later reactivate, typically when the immune system is weakened. [Click to listen to the video.](#)

🤖 When to Use Frequency Audio vs. Rife Machine? [Check this blog out!](#)

### Spooky2 Online Meditation 🧘

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## Spooky<sup>2</sup> Online Meditation

### Embracing Life's Challenges

Date: Wednesday, January 22nd, 2025

Time: 9:00 a.m. Nanjing, China (UTC+8)

Guests: John White and Echo Lee

Live Platform: Zoom and Youtube



**JOIN NOW**

### Training Course 📺

#### Spooky<sup>2</sup> Online Training Course – Using Spooky<sup>2</sup> GeneratorX Pro and XM Generator to Help with Chronic Health Issues

On Thursday, January 23rd, we will have a new training course, hosted by Heidi Gilman, one of our certified Spooky<sup>2</sup> trainers. During the webinar, she will share the following:

1. Personal Healing Journey
  - Insights on creating effective healing plans for chronic conditions.
  - Key factors that enhance treatment success.
2. Optimizing the Healing Process
  - Addressing the body's healing responses holistically.
  - Overcoming obstacles to a positive healing outcome.
3. Using Spooky<sup>2</sup> for Chronic Health Issues
  - Personal experiences and suggestions for managing chronic conditions.
  - Steps to start a healing program.
  - Practical advice on Biofeedback, Terrain Detox, Contact, and Remote modes.

[Click to Save Your Seat](#)

## Spooky2 Q&A 💡

### [What is the Spooky2 device, and how does it work?](#)

Spooky2 is a frequency generator system with over 50,000 frequencies in its database. It targets specific health issues using killing modalities (breaking down pathogens) or healing modalities (boosting the body's immune system and repairing tissues). It comes with various delivery options to suit different needs, including remote, contact, and cold laser methods. [Click here to learn more.](#)

### [How long does it take for frequency treatments to show results?](#)

1. Killing Modalities: Depending on the condition and program used, effects can be felt within hours.
2. Healing Modalities: These typically take 2-3 weeks and focus on boosting the immune system and repairing the body. The timeline varies depending on the severity and duration of the condition. [Click here to learn more.](#)

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## Spooky2 Discussions

Spooky2 Rife for Life Facebook Group 🟩

### [What should I do if my legs are weak?](#)

It is recommended that you look up the condition through a Biofeedback scan. [Click here for more details.](#)

### [A large lump on the right side of the neck](#)

You can run BFB with Tens Pads on the back side of the shoulder since you can't place them above the shoulder. You can start with the Terrain protocol detox, though. Since the symptoms are similar to Lyme, you can try the Lymph programs. [Click here for more details.](#)

Spooky2 Forum 💬

### [Numb and cold toes](#)

"I've been suffering from cold/numb toes for a while (poor circulation) and I'm not diabetic. I'm trying to figure out the best contact treatment for feet - is it the contact Tens socks?" [Click here for more discussion.](#)

🌟 Thank you for being a valued part of the Spooky2 community! Stay tuned for more updates and exciting content in next week's digest. Take care and happy healing!

The Spooky2 Team

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