

# Spooky2

Dear <<First Name>>,

Welcome to Issue #54 of our Spooky2 Weekly Digest.

## Spooky2 Blog Articles

### [Spooky XM Generator Q&A](#)

Questions and answers about Spooky2-XM Generator.

### [9 Brain Damaging Habits You Must Avoid](#)

Avoid these habits for our brain to stay healthy and function properly.

### [A New Approach to Diabetes Type 2](#)

This is a totally new approach to fight the causes of Type 2 Diabetes.

### [Seven Spooky Notes You Must Be Aware of](#)

These are seven notes you should know when using Spooky2.

### [Troubleshooting: Plasma Tube Does Not Light Up](#)

Reasons why the tube does not light and solutions to resolve them.

## Spooky2 Q&A

### [How long to run sleep/insomnia preset?](#)

The time to run is recommended 24/7 at 12 to 21 days.

### [Can I repeat running Cancer Protocol after I finished one cycle?](#)

It depends on which Cancer Protocol you are using.

### [How long and how often you use the PEMF coil each session?](#)

I have not found a hard limit on how long you can run the PEMF coil.

### [What's the purpose of the biofeedback.txt files?](#)

They are there for advanced users who wish to mine the data after the fact.

### [Next to F= the numbers keep spinning/changing on the display.](#)

Are you running Kundalini Preset or Schumann Resonator Preset?

## Spooky2 Forum Posts

### [Tooth Regeneration Frequencies](#)

I'd like to know if anyone else has had any experience with this.

### [Help using Spooky Central without Carrier](#)

It may be something super simple but for some reason I can't find a way.

### [The True Powers of Spooky Remote - Imprinting Tools Combined](#)

The strongest combination ever to imprint your water.

### [Would Plasma Intensify Healing Frequencies?](#)

My question is, would plasma intensify the effects of healing frequencies?

### [Rife Carrier Frequencies and Spooky2](#)

Please would you clarify the use of carrier frequencies?

Best of health,  
Echo

Spooky2 Team

Skype: echolee50

Facebook: [www.facebook.com/groups/spooky2](http://www.facebook.com/groups/spooky2)  
[www.facebook.com/clenspooky2](http://www.facebook.com/clenspooky2)

Web: [www.spooky2-mall.com](http://www.spooky2-mall.com)  
[www.spooky2.com](http://www.spooky2.com)  
[www.spooky2support.com](http://www.spooky2support.com)  
[www.spooky2reviews.com](http://www.spooky2reviews.com)

Tel: 00-86-18001581176

You are receiving this message because you are a valued spooky2-mall.com customer.

If you have questions, please feel free to contact us.



---

#### Our mailing address is:

Spooky2 Rife  
Room 209, Building 7  
No. 9, Shengli West Road  
Nanjing, JiangSu 211106  
China

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)