

Spooky2

Dear <<First Name>>,

Welcome to Issue #59 of our Spooky2 Weekly Digest.

Spooky2 Blog Articles

[Spooky2 Christmas Kit Offer Extended](#)

Due to popular demand we have decided to extend the Spooky2 Christmas Kit special through December 31, 2016.

[What Kind of Laptop/Computer Do I Need to Run Spooky2](#)

Learn about the hardware requirements to run Spooky2.

[Natural Ways to Ease Diarrhea](#)

Some suggestions on how to minimize the effects of diarrhea.

Spooky2 Q&A

[Are there any short detox programs?](#)

If this is the first time running the Terrain Protocol, I would seriously suggest following it as is the first time.

[How do I get rid of my cold and flu?](#)

Advice on how to get rid of cold and flue.

[Is there a list of parasites in order of size, smallest to largest?](#)

What I think is to kill viruses first, followed by bacterium, then parasites.

[A List of Frequencies for Toxic Metals](#)

This frequency list was researched by Dr. Toshihiko Yayama in Japan.

Spooky2 Forum Posts

[Square With Sine Summation Waveform](#)

Here is a waveform consisting of Square Wave with a summation of one cycle and ten cycles of Sine Wave.

[Set Up Waveforms](#)

I have some problems trying to understand how to set up waveforms.

[Square With Oval Waveform](#)

Here is a square wave with an oval shape waveform in addition to the Square With Diamond Waveform.

[Amazing Entrainment Example](#)

Simple frequencies at work. Spectacular reaction of a number of autonomous "cells", turning into a single "organism".

Best of health,
Echo

Spooky2 Team

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If you have questions, please feel free to contact us.



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