

# Spooky2

Dear <<First Name>>,

Welcome to Issue #92 of our Spooky2 Weekly Digest.

## **Episode 19: The Essence/Purpose of Life, Here and Now**

In this episode, you will learn 8 gates to freedom in life - natural health, personal development, family purpose/relations, family economy, family estate-home, your healthy food and garden, home education and delivery, social relations, creative work, contribution, giving and eco community development. Watch the video replay here: [Episode 19: The Essence/Purpose of Life, Here and Now](#)

## **Spooky2 Blog Articles**

### [Things to Remember when Using Spooky2](#)

Here are 16 things to remember when using Spooky2.

### [The Best Detox Time for Your Main Organs](#)

Each organ has a specific ideal detox time.

### [Presets for Human Herpesvirus 1](#)

This preset comprises all the 23 known strains of this creature.

## **Spooky2 Q&A**

### [When would you use the 70-day Terrain Single Step presets?](#)

You can tailor detox accordingly, rather than run 11 days preset which is general.

### [Advice for Intensive Care Protocol](#)

Tips and advice to help yourself fit with Intensive Care Protocol.

### [Are there any suggestions for hormonal acne using Spooky2?](#)

Detox and running the acne treatments often does it.

[Why does the sequence of the frequencies get rearranged to go high to low frequencies when applied to a generator?](#)

Simply select Do Not Sort Frequencies in the drop down menu.

## **Spooky2 Discussions**

[How to explain quantum entanglement](#)

Any physicist in here, need help with quantum entanglement.

[A drop of the Colloidal Silver which I made with Spooky2 was put on top of a Morgellons lesion plaque which had only one visible fiber.](#)

The Colloidal Silver pulled out a whole lot of fibers, some were in bits and pieces as if the silver broke them up. This is awesome.

[Effects of Essential Oils on Telomere Length in Human Cells](#)

Some info on essential oils and telomeres.

[Frankincense essential oil with Spooky2 is worth trying.](#)

If this is what frankincense oil can do, rifting with frankincense essential oil with Spooky2 is worth trying.

Best of health,  
Echo

Spooky2 Team

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