

# Spooky2

Dear <<First Name>>,

Welcome to Issue #98 of our Spooky2 Weekly Digest.

## Spooky2 Blog Articles

### [Spooky Remote v2.0 Instruction](#)

Here is the instruction on Spooky Remote v2.0.

### [Spooky Remote v2.0 Q&A](#)

Questions and answers about Spooky Remote v2.0.

### [6 Natural Ways to Lower Blood Pressure](#)

Learn how to lower blood pressure without taking drugs.

## Spooky2 Q&A

### [Is that considered a herx if you get a "cold" a few days after running the biofeedback results?](#)

It depends on how "bothersome" the symptoms get.

### [Is there a recommended way to detox excess iron that is stored in tissue and joints?](#)

Two programs that may be helpful are Hemochromatosis or Hemosiderosis.

### [Can anyone recommend a good program for anxiety?](#)

Depression and anxiety in database.

### [Has anyone had success treating tooth root infections with frequencies?](#)

We are finding these in tooth sockets.

## Spooky2 Discussions

### [Can I use phanatron tube on your head all night?](#)

Someone posted this device holding the phanatron.

### [What is different with the new remote?](#)

Here is what has changed.

[My new remotes and boosts are so much more professional looking!](#)

They are so much more professional looking!

[Has anyone treated neuro symptoms such as depression, extreme anxiety with rife?](#)

Has anyone has similar experience?

[How many units do you recommend to someone who has had Lyme for 10+ years?](#)

I will need to purchase more than one unit and combine them together for more power.

Best of health,  
Echo

Spooky2 Team

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