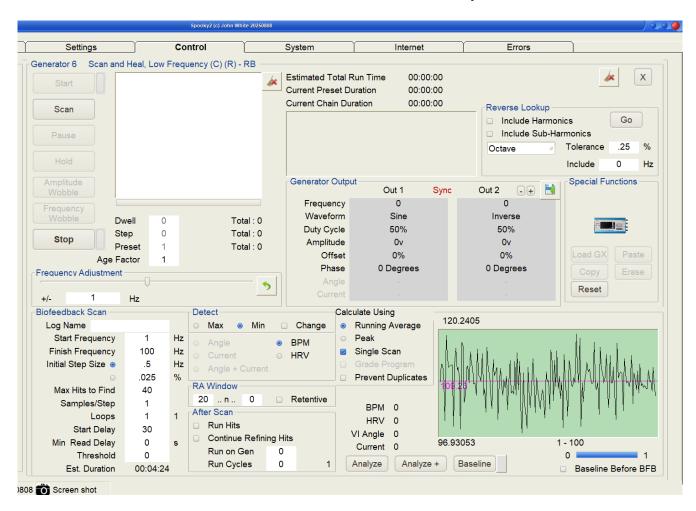
## Tips for getting the best results with Scan and Heal, Low Frequency (C) (R)

This BioScan is designed to discover the damage in your body caused by disease, and provide you with a set of specific healing frequencies. The preset was designed to be used with the Spooky2 XM Generator, Remote, and Spooky2 Pulse. It can also be run using a Pro generator with Pulse and Remote. If you use other methods or equipment, the scan may not work as intended. Treatment is done via Remote.

Preset Path: C:\Spooky2\Preset Collections\Biofeedback\Spooky Pulse\General

Please watch the entire video from beginning to end - <u>Spooky2 - Low Frequency BioScan For Complete Healing Support</u>. The mini-scan example I showed in the video was based on a .1 Hz initial step size, but the .5 Hz setting provides a substantial number of relevant results from the database and takes only five minutes to run.



I use the CAFL, PROV, XTRA, BIO, CUST, and BFB programs for the reverse lookups. Most of the other database sets don't have the low frequencies included in the scan, so they don't need to be included.

If you want to experience a deeper level of healing, run a "deep scan" with a .05 Hz initial step size, do your reverse lookup, and create a "deep scan" healing program. Some of the frequency values in the deep scan won't identify with database values, and will have no description. They are still relevant, because they are produced by the interaction between the information in your DNA and the damaged tissues in your body. The deep scan takes about 40 minutes.

This will give you two programs, a .5 Hz step program and a .05 Hz step program. They are both valuable. I usually run the remote treatments on two separate generators, but they can also be alternated on one generator. Using both of them provides a wide range of healing benefits.

If you create a program with 40 hits, it will take one hour to run with a dual output remote setting. It will need to repeat three times your personal preset, or eighteen times per day. This is the equivalent of one contact treatment, to provide maximum effectiveness. You can add one hour of additional custom treatments to your chain. I normally use detox or Anti-Aging.

Suggested use: Run your personal healing presets for a few weeks, then do new scans for a fresh list of frequencies. Repeat this process for as long as you need it. Be sure to give your body a break from energy treatments from time to time, in order to reduce frequency fatigue. I usually turn my generators off during the weekend, or at least every other weekend. An occasional three day downtime is even better.

As this is a remote treatment, it's important to keep your DNA sample (fingernail clippings) clean and fresh. Some people believe the clippings will last for years, but if the clippings are contaminated with any bacteria, fungus, other contaminants, or they are kept in a damp environment, they won't last very long.

The clippings should be kept no longer than 60 days, maximum. I change mine every month. I've always have excellent results with my remote treatments.

Now that you have your programs ready, just think of the possibilities! After you have saved your low frequency BFB program(s) in the database, you can turn them into a Scalar treatment, provided you have a Spooky Scalar generator.

Use the Spooky Scalar General (SS) – JW shell to create your personal preset.

Best wishes for your continued health and happiness, Robert

My links:

Optimal Nutrition - Newsletter - LinkedIn - Facebook - YouTube - Bluesky